

A community where older adults are valued and never feel alone.



January 2021

# Fall Cleanup Was SUCCESSFUL

By Wilma Coggins

One of BOAA's biggest projects is planning and helping seniors with fall lawn care that they can no longer do themselves. Each summer we enjoy our large lawn trees and lovely flowerbeds, but when fall comes it's time to rake and pick-up leaves. We encourage seniors to enjoy living in their own homes if possible, and BOAA's fall clean-up is one way the community comes together to assist them with this goal. Much work goes into planning the supplies needed, organizing groups and individuals who can volunteer their time, and scheduling the workdays. On two Saturdays in November, 100 youth and 21 adults worked together to prepare 25 lawns and flower gardens for the winter season. Five businesses sponsored these events. Thank vou to all who served in this project. Every gift, no matter how small or large, was important to complete the project. Your participation made the seniors in those homes feel loved by the community.

Fall Cleanup Sponsors: Ace Hardware of Brownsburg, Lowes of Brownsburg, CVS Brownsburg, Silver Lining Landscaping & Tri Kappa. THANK YOU!!!

# **Recognition For Our Volunteers**

By Sandy Tolle



This is the time when we reflect on the past year and what has been accomplished and we would be remiss in not recognizing the many volunteers we have had the pleasure of working with in 2020. For all they do, we are extremely grateful. They make phone calls, provide transportation to appointments, set up and monitor game activities, provide office support, prepare the newsletter for mailing, deliver box lunches, create summer socials and involve the whole community for special BOAA holiday activities and other activities too. The list goes on forever. What an extremely pleasant, hard working group! They all have the attitude of "what I can do to help" and all are the heart of BOAA. Thank you, Volunteers, there would be no BOAA without you! Happy New Year to you all.

### Happy New Year

By Vicky Byarley

This saying has a new meaning this year. I know that I'm not alone in wishing we never see anything like 2020 again. I really wanted to break bread and share a meal to close out the year, but the virus had other plans; we were able to pivot and do a drive-by and take. Did everyone enjoy the lunches and gifts? Please join me in thanking our sponsors: Dawson's on Main, in Speedway, and Northfield Senior Living Redefined. That was the prettiest salad ever; I'm sure that it tasted wonderful. The board has decided to suspend all activities until March to allow the virus numbers a chance to lessen. As in October, when we reopen our goal will be to open SLOW and SAFE. But this won't stop BOAA; it just gives us plenty of time to plan. Speaking of planning, save the date: April

7<sup>th</sup>. We will have the first outdoor social of 2021

outdoor
social
of
2021
in the

park. Details to come.



## Tom's Take

Tom Lacey Chairman of the Board of Directors of BOAA

#### **Happy New Year!**

As we do every year we welcome the New Year and say "Out!" with the old. But this year we scream "Out with 2020!" with fervent tones and volumes. 2020 has been a challenging year for all of us. Most of us would rebuke 2020 for bringing us Covid-19. That one event has brought severe angst, fear, illness, seclusion, loneliness, and even death. I can think of no facet of our lives that Covid-19 has not been affected. Perhaps with the distribution of vaccines we can see our way to the way things used to be, back to our old normal. My greatest wish and prayer for 2021 is to put this scourge of Covid-19 completely and forever behind us.

I am writing this column a week before Christmas, so I really do not know how we will conduct ourselves on New Year's Eve. But if you are like me, I suspect that you plan to stay up late to not only see the ball drop but to make sure that the year 2020 is plainly in our rearview mirror. Goodbye 2020 ... you will not be missed!

Here at BOAA we regret that we are starting 2021 with a complete shutdown through at least the end of January. This

pandemic has played havoc with our programs and schedules. Thank you for bearing with us as we sail together through these uncharted, turbulent, and scary waters. Be assured we will be back ... when it is safe to do so. We don't want to provide an opportunity for Covid -19 to visit any of our BOAA friends. So, kick back, stoke the fireplace, throw an extra blanket over you, relax with a good book, crochet project, or your favorite craft or hobby, and think about better days ahead.

January is a proper time to plan and look forward to better days ahead. Here in the Midwest it is traditionally a slow time that provides an opportunity to contemplate more ideal weather and occasions to meet with family and friends. Let's wish and plan for a much better year in 2021!

I am using this January newsletter to elicit your wishes for 2021 BOAA. Please email me your thoughts and ideas about what you would like BOAA to be in 2021. What activities and programs are you most interested in? Should we do more of something we are already doing? Are there new activities, events, or services that we should consider providing or that

could attract and involve more Brownsburg seniors? Please let us know how we can improve BOAA for you. Email me at info@bburgoaa.org or phone 317-440-5110 to leave your message.

Here's to 2021 ... may it be the best yet!

"New Year's is a harmless annual institution, of no particular use to anybody save as a scapegoat for promiscuous drunks, and friendly calls and humbug resolutions."



## **BOAA Activities at The Well**

All activities for BOAA have been suspended for January and February 2021.

Stay safe!!

#### **Condolences**

All of us at BOAA offer our sincere condolences to the family of Ray Grannan. Ray and Tina have been regularly active in our activities over the last few years. Ray had a special place in our heart. Please remember Tina in your prayers during this time.



Save BOAA \$\$\$!!! Please add your name and email to our mailing list. These are the simple instructions you can do from the BOAA web site.

#### Picture #1:

Home page for www.bburgoaa.org Click on News

#### Picture #2:

Your page will look similar to this.

Please type in your name & email address

Click on Submit

That is all you have to do! Your next BOAA Newsletter will be delivered to your email address instead of your mailbox. Need help? Please call us 317-749-7540 leave a message and we will get back to you.

### Meet Your Volunteers =Tom & Shirley Hanna=

Shirley and I have lived in Hendricks County since 1985. I was born and raised in Speedway, and Shirley lived just



outside of Speedway on the west side. We are both retired. Shirley is a registered nurse and worked at St. Vincent's in several different areas. I worked at the Brownsburg post office as a rural carrier delivering mail. We joined BOAA late in the fall of 2019 after participating in

the fall clean-up that year. I enjoyed the work and wanted to volunteer for other activities BOAA was doing. We have three married children and nine grandchildren. They all live in Indiana, and we enjoy spending a lot of time with them. We have a camper and enjoy camping and other traveling.



#### Save On Your Electric Bills

- Duke Energy



Smart thermostats can help you save Consider purchasing and installing a

smart thermostat. Average savings could add up to 3% of your total energy costs.

**Save big on lighting** LED bulbs last three times as long as CFL bulbs, and they use a fraction of the energy.

Use a smart power strip to save energy automatically Phantom energy drawn from plugged devices can inflate your bill. Replace older power strips with smart power strips to stop this.

**Switch to LED lights** LED bulbs last three times as long as CFL bulbs, and they use a fraction of the energy.

## BOAA Board of Directors Chairman: Tom Lacey

Vice Chairman: Vacant
Treasurer: Tom Kmetz
Secretary: Jenn Cox
Gen'l Member: Vicky Byarley

#### **Contact us:**

Phone: 317-749-7540 info@bburgoaa.org www.bburgoaa.org

#### From Our Friends:

By Sandy Tolle

"The gift boxes were great....BOAA out did themselves this year....I appreciate BOAA thinking of me." These are just some of comments we received regarding the recent Gift Away. We here at BOAA appreciate hearing from you and are very pleased that the gifts are being enjoyed! Thank you for your kind comments.



#### **BOAA Is Here For You!**

By Dorothy Sisson

Hello everyone! We hope you are doing well in these unprecedented times. During January and February 2021, BOAA will suspend activities for the health and safety of all. If anyone has any concerns or needs assistance with errands (groceries, medications, etc.), please call 317-749-7540. Messages are checked regularly and responded to in a timely manner. BOAA values and enhances the lives of older adults in Brownsburg. Your interest and participation at BOAA are appreciated. Please remember that you are not alone.

> PLEASE PLACE STAMP HERE

BOAA, Inc. P.O. Box 475 Brownsburg, IN 46112



BOAA is dedicated to enhancing the lives of older adults and their families in Brownsburg, IN.